

Telehealth Resources Available During the COVID-19 Pandemic

- Centura Health: call 866-414-1562 to talk to MyCenturaHealth staff
 - Or <https://www.centura.org/our-network/virtual-care>
- UCHealth: Log onto your UCHealth app, or download the UCHealth app to your mobile device to ask questions or make appointments.
 - You can also visit <https://www.uchealth.org/access-my-health-connection/> to access/create your My Health Connection account.
 - Or <https://www.uchealth.org/services/virtual-visit/>
- United HealthCare: <https://emresource.juvar.com/login>
- Anthem Blue Cross Blue Shield of Colorado: <https://startlivehealthonline.com/landing.html>
- Kaiser: call 303-338-4545 to speak with a licensed provider, www.kp.org to talk with a physician, or www.kp.org/getcare and click on “24/7 advice”.