

# Teller County Mental Healthcare Provider Directory

The information included in this directory is self-reported. Credentials have not been validated.

September 2018

Name / Practice	Street	Phone	Email
<b>Andersen, Jamie MA, LMFT</b> Woodland Counseling Center	321 W. Henrietta, Ste B Woodland Park, CO	719-360-0802	<a href="mailto:jma2067@gmail.com">jma2067@gmail.com</a>
<b>AspenPointe Health Services</b>	Divide, WPK and Cripple Creek Locations Below	Crisis Intervention: 1-800-285-1204 Additional #s Below	<a href="mailto:info@aspenpointe.org">info@aspenpointe.org</a>
<b>Batchelor, Barbara MSW, LCSW</b>	321 W. Henrietta, Ste B Woodland Park, CO	719-492-8213	<a href="mailto:Bablcsww1099@gmail.com">Bablcsww1099@gmail.com</a>
<b>Benson, Chrissy MA, LMFT</b> bStill Integrative Counseling Inc <b>Stonger, Mark, PHD</b> <b>Kwande, Alicia LCSW</b>	321 W. Henrietta Ave. Woodland Park, CO	719-510-2743	<a href="mailto:admin@bstillcounseling.com">admin@bstillcounseling.com</a>
<b>Blake, Barbara MA</b> Centered Life	196 Summer Haven Woodland Park, CO	719-660-5493	<a href="mailto:Greenmoose40@gmail.com">Greenmoose40@gmail.com</a>
<b>Bok, Tami LPC</b> Bristlecone Family Counseling	400 W. Hwy 24, #250C Woodland Park, CO Aspen Mine Center, CC	719-661-9323	<a href="mailto:tami@bristleconefamilycounseling.com">tami@bristleconefamilycounseling.com</a>
<b>Brimm, Maggie CACIII, MAC</b> Aspen Counseling & Ed Center	321 W. Henrietta Ave Woodland Park, CO	719-238-2908	<a href="mailto:maggieB054@aol.com">maggieB054@aol.com</a>
<b>Buckley, Joy MA, LPC, LAC</b> Elkwood Counseling	200 W Midland, Ste 204 Woodland Park, CO	719-200-7209	<a href="mailto:elkwoodcounsel@aol.com">elkwoodcounsel@aol.com</a>
<b>Cheatham, Sherri MA, LPC Texas</b> Tree of Life Counseling	2988 Sunnywood Ave Woodland Park, CO	719-687-1968	<a href="mailto:Sherrilackman@gmail.com">Sherrilackman@gmail.com</a>
<b>Colorado Crisis Line Services</b>	115 S. Parkside Dr, COS 6071 E Woodman, St 135	844-493-8255 or Text "TALK" to 38255	<a href="mailto:resourcedirectory@RMcrisispartners.org">resourcedirectory@RMcrisispartners.org</a>
<b>Colorado Motion</b>	4570 Hilton Pkwy, Ste 202D Colorado Springs, 80907	719-432-9222	<a href="mailto:coloradomotion@gmail.com">coloradomotion@gmail.com</a>
<b>Dougall, Marilyn LCSW</b>	400 W Midland, Ste 230 Woodland Park, CO	719-687-8848	<a href="mailto:marilyn@marilyndougall.com">marilyn@marilyndougall.com</a>
<b>Ekker, Monique MA, LPCC, NCC,</b> <b>EAMHL Outside Rein, LLC</b>	4100 W Midland Ave #275B, Woodland Park	719-235-7473	<a href="mailto:Monique.ekker@outsiderein.org">Monique.ekker@outsiderein.org</a>
<b>Eppes, Wanda LPC, PsyD</b>	321 W. Henrietta, Ste B Woodland Park, CO	719-839-0820	<a href="mailto:info@DoctorWandaEppes.com">info@DoctorWandaEppes.com</a>
<b>Freeman, Ann LCSW, LPC</b> Woodland Counseling Offices	Henrietta Ave & West Woodland Park, CO	719-659-1762	<a href="mailto:akfreeman65@gmail.com">akfreeman65@gmail.com</a>
<b>Hackman, Kim NCC, LPC</b> Insight Counseling Colorado	321 W. Henrietta Ave, Ste AA, Woodland Park	719-494-5189	<a href="mailto:InsightCounselingColorado@gmail.com">InsightCounselingColorado@gmail.com</a>
<b>Journeys Counseling Center</b>	320 Burdette Street Woodland Park, CO	719-687-6927	<a href="mailto:journescs@aol.com">journescs@aol.com</a>
<b>Pitt, Tammy MA, MFT Candidate</b> Pitt Stop Counseling, LLC	222 S Baldwin St Woodland Park, CO	719-900-3120	<a href="mailto:Tpitt43@gmail.com">Tpitt43@gmail.com</a>
<b>Randolph, Doug MEd, LPC</b> TherapyWorks, LLC	400 W Midland, Suite 222 166 E. Bennet, CC	719-322-4745	<a href="mailto:therapyworks@peoplepc.com">therapyworks@peoplepc.com</a>
<b>Sabourin, Sondra MA, LPC</b> The Secret Place	321 W Henrietta, Ste E-3 Woodland Park, CO	719-291-4388	<a href="mailto:tsplace.tsp@gmail.com">tsplace.tsp@gmail.com</a>
<b>Smith, Shera CACIII LPC</b> Hinds Feet Counseling	125 N. Parkside Dr, Ste 202, CoSpgs 80909	719-428-5432 office 719-428-5147 cell	<a href="mailto:SheraTaz@hindsfeet.org">SheraTaz@hindsfeet.org</a>
<b>Tirona, Teresita LPC</b> Four Feathers Counseling	321 W. Henrietta Ave Woodland Park, CO	719-761-1655	<a href="mailto:ttirona@fourfeatherscounseling.com">ttirona@fourfeatherscounseling.com</a>
<b>Transitions Counseling Services</b> Janet Robles, MA, LPC, NCC, CCJS	321 Henrietta Ave Woodland Park, CO	719-634-4171	<a href="mailto:myndbendr@aol.com">myndbendr@aol.com</a>
<b>Ute Pass Regional Health Services</b>	785 Red Feather Lane	719-687-2291	<a href="mailto:jmclaughlin@UPRPD.org">jmclaughlin@UPRPD.org</a>

	Woodland Park, CO		
<b>Watson, Carrie CACII, LPC</b> Aspire Counseling, LLC	400 W Midland, Ste 160 Woodland Park, CO	719-963-5744	<a href="mailto:CarrieWatson7@yahoo.com">CarrieWatson7@yahoo.com</a>
<b>Watson, Scheila CACIII, LPC</b> A Willow Bends, LLC	400 W Midland, Ste 200 Woodland Park, CO	719-238-5800	<a href="mailto:awbends@gmail.com">awbends@gmail.com</a>
<b>Yingling, Jeri MS, LPC, RPT</b> Crystal Creek Counseling	400 W Midland, Ste 250 Woodland Park, CO	719-686-6703	<a href="mailto:jeri@crystalcreekcounseling.com">jeri@crystalcreekcounseling.com</a>

### Additional Community Resources

Name	Address	Phone	Email
<b>Al-Anon / Alateen</b>	Meeting Locations Vary		<a href="http://al-anon.org/">http://al-anon.org/</a>
<b>Alcoholics Anonymous</b>	Meeting Locations Vary		<a href="http://www.aa.org">www.aa.org</a>
<b>CASA</b> Court Appointed Special Advocates	418 South Weber Colorado Springs, CO	719-447-9898	
<b>Community Partnership</b> Family Resource Center	11115 W. Hwy 24 Divide, CO	719-686-0705	<a href="mailto:office@cpteller.org">office@cpteller.org</a>
<b>FACT</b> Families and Communities Together	11505 US Highway 24 Divide, CO	719-650-2457 719-641-3918	
<b>Narcotics Anonymous</b>	Meeting Locations Vary		<a href="http://www.na.org">www.na.org</a>
<b>SAGA</b> (Sexuality and Gender Acceptance) A support group for LGBTQ+ Youth		719-290-0563 Text only 719-761-1655 Text only	<a href="mailto:woodlandparksaga@gmail.com">woodlandparksaga@gmail.com</a>
<b>TESSA</b> Domestic Violence Help	166 East Bennett Ave, Cripple Creek, CO	719-633-1462 Crisis Line 719-633-3819	<a href="mailto:TFord@tessacs.org">TFord@tessacs.org</a>



# Teller County Mental Health Resource Directory

February 20, 2018

**Andersen, Jamie MA, LMFT**

Woodland Counseling Center

Service Location: 321 W. Henrietta Ave, Ste B, Woodland Park, CO 80863

Mailing Address: PO Box 625, Woodland Park, CO 80866

Phone: 719-360-0802 719-472-4515 Fax: 719-687-4801

Email: [jma2067@gmail.com](mailto:jma2067@gmail.com) [billing@jamieandersen.com](mailto:billing@jamieandersen.com)

Website: [www.jamieandersen.com](http://www.jamieandersen.com)

Specialty Areas: Trauma and loss; Life transitions; Improving relationships; and Maximizing personal growth. Depression; Anxiety; and PTSD. EMDR (Eye Movement Desensitization Reprocessing); Brain Spotting; CBT (Cognitive Behavioral Therapy); Sand Tray/Play Therapy; Family systems. Children, teens and adults; Individual, couples and family therapy. DBT (Dialectical Behavioral Therapy) groups for teens and women. DBT is a strengths based skill building approach (mindfulness, distress tolerance, interpersonal effectiveness, emotion regulation) to working with overwhelming emotions.

Population Served: 5 years +

Insurance Accepted: Aetna; Anthem BCBS; Aspen Pointe; Beacon; CHP+; CO Access; Cigna; Coresource; Humana; Kaiser; Magellan EAP; Meritain; Tricare; UMR; United Health; ValueOptions; Victims Compensation

**AspenPointe Health Services**

Service Locations: 18401 Highway 24, Suite 119, Woodland Park;

Peak Vista Community Health Center, 34 Hybrook Lane, Divide;

Aspen Mine Center 166 E Bennett Ave, Cripple Creek

Phone: 719-572-6100; 719-687-1105

Email: [info@aspenpointe.org](mailto:info@aspenpointe.org)

Website: [www.aspenpointe.org](http://www.aspenpointe.org)

Specialty Areas: Individuals (children, teens and adults); Couples and family counseling and therapy as well as groups; Trauma and Loss, including Grief, PTSD and Complex PTSD, Relationship Issues, Life transitions; Relationships; Personal growth; Depression and Anxiety; EMDR (Eye Movement Desensitization Reprocessing); CBT (Cognitive Behavioral Therapy) and DBT (Dialectical Behavioral Therapy).

Population Served: All ages

Insurance Accepted: We are the community Medicaid provider, but accept most insurances

**Batchelor, Barbara MSW, LCSW**

Service Location: 321 West Henrietta, Suite B, Woodland Park, CO 8086

Mailing Address: PO Box 5198, Woodland Park, CO 80866

Phone: 719-492-8213 Fax: 719-686-8292

Email: [Bablcsw1099@gmail.com](mailto:Bablcsw1099@gmail.com)

**Bensen, Chrissy MA, LMFT**

bStill Integrative Counseling

Service Locations: 321 W. Henrietta Ave, Woodland Park, CO 80863

2021 W Colorado Ave, Colorado Springs, CO 80904

Mailing Address: PO Box 1919, Woodland Park, CO 80866

Phone: 719-510-2743

Email: [admin@bstillcounseling.com](mailto:admin@bstillcounseling.com)

Website: [www.bstillcounseling.com](http://www.bstillcounseling.com) and <https://www.facebook.com/bStillwellness/>

Specialty Areas: Couple/Marriage therapy; Family Therapy; Divorce Recovery/Decision-making; Relationships; Anxiety; Depression; Chronic Pain and illness; Grief/Loss; Setting Boundaries at work or with families/friends. EMDR (Eye Movement Desensitization Reprocessing); CBT (Cognitive Behavioral Therapy) and DBT (Dialectical Behavioral Therapy); EFT (Emotion-Focused Couple Therapy); Discernment Counseling (for couples considering divorce); Mindfulness and Yoga/Nutrition; Christian/Spiritual Counseling

Population Served: Older Teens and Adults of all ages

Insurance Accepted: Kaiser/Beacon; Cigna; Tricare; UMR; United Health; ValueOptions; Profile EAP, Quest EAP, Cigna EAP, Optum EAP, Out of Network, HSA Plans, Private Pay. Anthem BCBS pending.

Note: We are an inter-disciplinary group practice with a focus on both treatment and prevention/wellness. We offer therapy appointments 7 days a week as well as several wellness workshops and retreats monthly.

**Blake, Barbara MA**

Centered Life

Service Location: 196 Summer Haven, Woodland Park, CO 80863

Phone: 719-660-5493

Email: [greenmoose40@gmail.com](mailto:greenmoose40@gmail.com)

Website: [greenmoose40.com](http://greenmoose40.com)

Specialty Areas: Depression; Anxiety; Sexual abuse; Inner-child

Population Served: Ages teens through seniors

Insurance Accepted: N/A; Sliding scale based on income

**Bok, Tami LPC**

Bristlecone Family Counseling

Service Location: 400 W. Hwy 24, #250C, Woodland Park, CO 80863 and 166 E. Bennett Ave, Cripple Creek, CO 80813 and 815 E. Platte Ave, Colorado Springs, CO 80903

Mailing Address: PO Box 112, Woodland Park, CO 80866

Phone: 719-661-9323

Email: [tami@bristleconefamilycounseling.com](mailto:tami@bristleconefamilycounseling.com)

Website: [www.bristleconefamilycounseling.com](http://www.bristleconefamilycounseling.com)

Specialty Areas: Play therapy; Foster/adopt; Trauma/PTSD; Depression; Anxiety; DBT; CBT; Autism; Bipolar; Schizophrenia

Population Served: Ages 4 years - seniors

Insurance Accepted: Medicaid; Aetna; Beacon; CHP+ HMO; Colorado Access; El Paso and Teller Core Services. (Coming soon: Blue Cross Blue Shield, Humana, Kaiser, Tricare Prime)

**Brimm, Maggie CACIII, MAC, CCJS**

Aspen Counseling & Ed Center

Service Location: 321 W. Henrietta Ave, Woodland Park, CO 80863

Phone: 719-238-2908

Email: [maggiebo54@aol.com](mailto:maggiebo54@aol.com)

Website:

Specialty Areas: DUI; Ed & Therapy; Addictions; Relapse Prevention; Women's Groups; Offender Treatment

Population Served:

Insurance Accepted: Sliding fee

**Buckley, Joy MA, LRC, LAC**

Service Location: 200 W. Midland Ave, Ste. 204, Woodland Park, CO 80863

Phone: 719-200-7209

Email: [elkwoodcounseling@aol.com](mailto:elkwoodcounseling@aol.com)

Website:

Specialty Areas: Anxiety; Depression; Addiction

Population Served: Ages 12-85

Insurance Accepted: Will discuss; Sliding fee scale

**CASA (Court Appointed Special Advocates)**

Service Location: 418 S Weber, Colorado Spgs, CO

Mailing Address:

Phone: 719-447-9898

Email:

Website:

Specialty Areas:  
Population Served:  
Insurance Accepted:

**Cheatham, Sherri**

Tree of Life Counseling  
Service Location: 2988 Sunnywood Ave, Woodland Park, CO  
Mailing Address:  
Phone: 719-687-1968  
Email: [sherrilackman@gmail.com](mailto:sherrilackman@gmail.com)  
Website:  
Specialty Areas:  
Population Served:  
Insurance Accepted:

**Colorado Crisis Line**

Service Location: 115 S. Parkside Dr, Colorado Spgs, CO 80910 and 6071 E. Woodmen Rd, Ste 135, Colorado Spgs, CO 80923  
Mailing Address:  
Phone: 844-493-8255 or text "TALK" to 38255  
Email: [resourcedirectory@RMCrisispartners.org](mailto:resourcedirectory@RMCrisispartners.org)  
Website: [www.coloradocrisisservices.org](http://www.coloradocrisisservices.org)  
Specialty Areas: Crisis Services  
Population Served: All ages  
Insurance Accepted: N/A  
Note: Mental health, substance use or emotional help for yourself or someone you know. When you call Colorado Crisis Services, you will be immediately connected to a crisis counselor, a trained professional with a master's or doctoral degree, or a trained peer specialist who has overcome similar experiences. We offer translation services for non-English speakers, we engage in immediate problem solving, and we always make follow-up calls to ensure you receive continued care.  
Our walk-in crisis services are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need.

**Colorado Motion**

Service Location: 4570 Hilton Parkway, Suite 202D, Colorado Springs, CO 80907  
Phone: 719-432-9222 Fax: 719-694-9121  
Email: [coloradomotion@gmail.com](mailto:coloradomotion@gmail.com)  
Website: [www.colorado-motion.com](http://www.colorado-motion.com)  
Specialty Areas: Experiential Therapy, ADHD, Anxiety, Behavioral Issues, Blending Families, Depression, Divorce, parenting, Self-Esteem, Substance Abuse, Trauma  
Population Served: 12 to 30 years  
Insurances Accepted: Medicaid, Kaiser Permanente, Tricare

**Community Partnership Family Resource Center**

Family Resource Center  
Service Location: 11115 W. Hwy 24, Divide, CO 80814  
Phone: 719-686-0705 Fax: 719-686-9129  
Email: [office@cpteller.org](mailto:office@cpteller.org)  
Website: <http://www.cpteller.org/>  
Specialty Areas:  
Population Served:  
Insurance Accepted:

**Dougall, Marilyn LCSW**

Service Location: 400 W. Midland Ave, Ste. 230, Woodland Park, CO 80863 in Woodland Professional Bldg.

Mailing Address:

Phone: 719-687-8848 or 719-651-4513 (cell) Fax:

Email: [marilyn@marilyndougall.com](mailto:marilyn@marilyndougall.com)

Specialty Areas: Trauma; PTSD; Sex, physical & emotional abuse; Loss.

Population Served: Ages 18+

Insurance Accepted: Most including Medicare, except not Medicaid

**Eppes, Wanda LPC, PsyD**

Service Location: 321 W. Henrietta Ave, Ste B, Woodland Park, CO 80863 and 5458 Lake Howell Rd, Winter Park, FL 32792

Mailing Address: PO Box 337, Woodland Park, CO 80866

Phone: 719-839-0820 407-677-4001 Fax: 888-366-4008

Email: [info@DoctorWandaEppes.com](mailto:info@DoctorWandaEppes.com)

Website: [www.DoctorWandaEppes.com](http://www.DoctorWandaEppes.com)

Specialty Areas: Diagnostic assessment of IQ, academic achievement, learning, attention, behavior, mood, personality, low-incidence handicaps (autism, mental retardation, etc)

Population Served: Ages 2 to Adult

Insurance Accepted: None

**Ekker, Monique MA, LPCC, NCC, EAMHL**

Outside Rein, LLC

Service Location: 400 W Midland Ave, #275B, Woodland Park, CO 80863

Phone: 719-235-7473 Fax: 719-748-0196

Email: [Monique.ekker@outsiderein.org](mailto:Monique.ekker@outsiderein.org)

Website: [www.outsiderein.org](http://www.outsiderein.org)

Specialty areas: Equine-Assisted Mental health and Learning; Substance Use; Trauma; PTSD; EMDR; Grief and Loss

Population Served: All Ages

Insurances Accepted:

**FACT (Families and Communities Together)**

Service Location: 11505 US Highway 24, Divide CO

Mailing Address:

Phone: 719-650-2457

Email:

Website:

Specialty Areas:

Population Served:

Insurance Accepted:

**Freeman, Ann LCSW**

Woodland Counseling Offices

Service Location: Henrietta Ave & West in the Woodland Counseling Offices

Phone: 719-659-1762

Email: [akfreeman65@gmail.com](mailto:akfreeman65@gmail.com)

Specialty Areas: Adolescents & Families - certified to treat and evaluate juveniles & adults with problem sexual behavior

Population Served: Adolescents & Adults

Insurance Accepted: None; Some work for Probation & DHS

**Hackman, Kim LPC**

Insight Counseling Colorado, LLC

Service Location: 321 W. Henrietta Ave, Suite AA, Woodland Park, CO 80863

Mailing Address:

Phone: 719-494-5189 Fax: 719-623-0159

Email: [InsightCounselingColorado@gmail.com](mailto:InsightCounselingColorado@gmail.com)

Website: [www.insightcounselingcolorado.com](http://www.insightcounselingcolorado.com)

Specialty Areas: Mental Health; Couple's Counseling; Family Counseling; Pre-Marital Counseling; Divorce; Adoption; Blended Families; Co-Parenting; Trauma and Loss; LGBTQ; Life Transitions; Sexual Issues; Offender Based Therapy; CBT (Cognitive Behavioral Therapy); Certified to treat adults with problem sexual behavior

Population Served: Individuals; Couples & Families; Ages 15 & Up

Insurance Accepted: None

**Journeys Counseling Center**

Service Location: 320 Burdette Street, Woodland Park, CO 80863

Phone: 719-687-6927 Fax: 719-687-7827 Cell: 719-510-1268

Email: [journayscc@aol.com](mailto:journayscc@aol.com)

Website: [www.journayscounselingcenter.com](http://www.journayscounselingcenter.com)

Insurance Accepted: Out of Network Provider

Note: At Journeys Counseling Center, Inc., we believe that true healing is the best option. We teach you tools, skills and resources to live your best life. Forget about "Band-Aids" that simply make you feel better in the moment. Permanent, deep healing is what we offer through a wide variety of approaches including EMDR, Past Life Regression, Hypnosis, Brain Injury Specialist, Trauma Healing, and Pain Management. As a Registered Nurse and Psychotherapist, knowing how the body and mind work closely together is a component of our therapy. We are trained in traditional as well as complimentary approaches to help you reach your goals. Invest in yourself.

**Pitt, Tammy MA, MFT Candidate**

Pitt Stop Counseling, LLC

Service Location: 222 S Baldwin, Woodland Park, CO 80866

Phone: 719-900-3120

Email: [tpitt43@gmail.com](mailto:tpitt43@gmail.com)

Web Site: <https://www.pittstopcounseling.com>

Specialty Areas: Trauma; Loss; Relationships; Depression; Anxiety; Addiction; Self-harm; Suicide and PTSD; CBT (Cognitive Behavioral Therapy), Family systems and DBT (Dialectical Behavioral Therapy). Currently training in EMDR (Eye Movement Desensitization Reprocessing) and finishing CAC II

Population Served: I work with children, teens, adults, individuals, couples and family therapy

Insurance Accepted: Medicaid

**Randolph, Doug MA, MEd, LPC**

TherapyWorks, LLC

Service Location: 471 S. Baldwin, Woodland Park, CO 80863 and 166 E Bennett, Cripple Creek, CO 80814

Mailing Address: PO Box 391, Woodland Park, CO 80866

Phone: 719-322-4745

Email: [therapyworks@peoplepc.com](mailto:therapyworks@peoplepc.com)

Specialty Areas: Depression; Anxiety; Trauma/PTSD; Family Therapy; Couple's Counseling; Bipolar Disorder; Life Stresses/Challenges; Communication Skills; Adoption; Blended/Step Families; Child/Youth Behavioral Issues; Personal Growth

Population Served: Ages 5 to 95

Insurance Accepted: Aetna; Anthem BCBS; Beacon; CHP+; Cigna; Horizon; Humana; Kaiser; Tricare; United Health; ValueOptions; WellPoint. Medicaid pending



**Sabourin, Sondra MA, LPC**

The Secret Place

Service Location: 321 West Henrietta Ave, Suite E-3, Woodland Park, CO 80866

Phone: 719-291-4388

Email: [tsplace.tsp@gmail.com](mailto:tsplace.tsp@gmail.com)

Specialty Areas: Also provides Christian Counseling

Population Served: Teens, adults, couples and families

Insurance Accepted: All managed care insurances including Medicaid

**Smith, Shera LPC, CACIII, CTRS**

Hinds Feet Counseling & Adventure Center

Service Location: 125 N. Parkside Dr, Ste 202, Colorado Spgs, CO 80909

Mailing Address: PO Box 63271, Colorado Spgs, CO 80962

Phone: 719-428-5432 719-428-5147

Email: [SheraTaz@hindsfeet.org](mailto:SheraTaz@hindsfeet.org)

Website: [www.hindsfeet.org](http://www.hindsfeet.org)

Specialty Areas: Substance Abuse; Mental Health; Vocational Skills; Life Skills; Offender Based Treatment; Adventure Recreation Therapy;

Population Served: Adolescents & Young Adults

Insurance Accepted: Medicaid pending; Medicaid Substance Abuse (in CO Springs); Sliding Fee

**TESSA (Domestic Violence Help)**

Service Location: 166 East Bennett Ave, Cripple Creek, CO 80813

Mailing Address:

Phone: 719-633-1462 or 719-243-5508 Crisis Line 719-633-3819

Email: [TFord@tessacs.org](mailto:TFord@tessacs.org)

Website: [www.tessacs.org](http://www.tessacs.org)

**Tirona, Teresita MA, LPC**

Four Feathers Counseling

Service Location: 321 W. Henrietta Ave, Ste B Woodland Park, CO 80863 and 332 W. Bijou St, Ste. 102/103, Colorado Spgs, CO 80905

Mailing Address:

Phone: 719-659-6437 Cassie for new client and intake; 855-332-4436 Fax: 719-687-7377

Email: [ttirona@fourfeatherscounseling.com](mailto:ttirona@fourfeatherscounseling.com)

Website: [www.fourfeatherscounseling.com](http://www.fourfeatherscounseling.com)

Specialty Areas: Domestic Violence; Equine; Play Therapy; EMDR; CBT; TF-CBT; DBT

Population Served: Ages 4+

Insurance Accepted: Coreservices; CO Access; Chp+; Medicaid; Tricare; please ask for additional

**Transitions Counseling Services**

Jan Robles, MA, LPC, NCC, CCJS

Service Location: 321 Henrietta Avenue, Woodland Park, CO 80863

Phone: 719-634-4171 Fax: 719-689-0735

Email: [MyndVendr@aol.com](mailto:MyndVendr@aol.com)

Website: [www.thecounselingbreakthrough.com](http://www.thecounselingbreakthrough.com)

Specialty Areas: Marriage and family counseling; Individuals and couples; Online and phone counseling also available

Population Served: Adults

Insurance Accepted: Limited plans

**Ute Pass Regional Health Services District**

Service Location: 785 Red Feather Lane, Woodland Park, CO 80863

Mailing Address:

Phone: 719-687-2291

Email: [jmclaughlin@UPRPD.org](mailto:jmclaughlin@UPRPD.org)

Website: [www.UPRHSD.org](http://www.UPRHSD.org)

Specialty Areas: Crisis response; Mental health assessment program

Population Served: All ages

Insurance Accepted: N/A

**For MAP response**, call 911 or WPPD non-emergency #719-687-9262

**Watson, Carrie MA, LPC, CAC II**

Aspire Counseling, LLC

Service Location: 400 W. Midland Ave, Ste 160 A&B, Woodland Park, CO 80863

Mailing Address:

Phone: 719-963-5744 Fax: 719-309-1323

Email: [CarrieWatson7@yahoo.com](mailto:CarrieWatson7@yahoo.com)

Specialty Areas: Male and Female Domestic Violence Offenders; Substance Abuse; Anger Management; Stress Management; Grief; Mental Health evaluations and counseling

Population Served: Adolescent; Adult

Insurance Accepted: Medicaid and Kaiser. 4<sup>th</sup> Judicial Courts and AspenPointe contracted

**Watson, Scheila MA, LPC, CACIII, MAC, EMDR**

A Willow Bends, LLC

Service Location: 400 W. Midland Ave, Ste 200, Woodland Park, CO 80863  
and Aspen Mine Center, Cripple Creek, CO

Phone: 719-238-5800

Email: [awbends@gmail.com](mailto:awbends@gmail.com)

Website: [www.awillowbends.com](http://www.awillowbends.com)

Specialty Areas: Domestic Violence; Substance Abuse; Trauma; Mood Disorders (Anxiety, Depression); Anger Management; DUI Classes; CBT Groups; Recovery Group; Sobriety Monitoring; Mental Health and Substance Abuse Evaluations (for courts and DHS); Pre Plea Investigation Reports (PPIR) for the courts

Population Served: Ages 5 to 65

Insurance Accepted: Medicaid (for substance abuse only); Tricare; Kaiser; UHC; Co-finity; Humana; Aetna; DHS Core Provider for Teller County; Sliding Scale Available; Veterans receive special discounts.

**Yingling, Jeri MS, LPC, RPT**

Crystal Creek Counseling

Service Location: 400 W. Midland Ave, Ste 250D, Woodland Park, CO 80863

Mailing Address: PO Box 94, Green Mountain Falls, CO 80919

Phone: 719-686-6703 Fax: 719-325-8958

Email: [jeri@crystalcreekcounseling.com](mailto:jeri@crystalcreekcounseling.com)

Website: [www.CrystalCreekCounseling.com](http://www.CrystalCreekCounseling.com)

Specialty Areas: Registered Play Therapist (Play therapy for anxiety, ADHD, grief, trauma/ PTSD, Depression, Mood disorders, Attachment issues, Behavioral issues); Certified AutPlay Therapist (play therapy for children on the autism spectrum)

Population Served: Ages 3 to 12

Insurance Accepted: Anthem; Aetna; Cigna; CHP+; Colorado Access; Kaiser; Value Options

If you would like to be listed in this directory, please send a copy of your license, along with the completed form that follows to Lori Ptak at: [PtakL@co.teller.co.us](mailto:PtakL@co.teller.co.us)



Divide • Florissant • Woodland Park

**Mission: North Teller Build a Generation is a Community Coalition Collaborating to Strengthen Youth.**

**Vision: To have a healthy and strong community in which the growth and welfare of youth is a priority.**

You are invited to be listed in a free Woodland Park Therapist/Community Resource Directory. We are contacting local community helping professionals and licensed mental health treatment providers to be part of this resource. This list will be provided to you by e-mail and to the team members of the North Teller Build a Generation (NTBAG) Coalition.

NTBAG is an innovative, long-term planning process based on the "Communities that Care" Model of risk and protective factor-focused prevention, and the Social Development Strategy, and has been in this community since 1999. This is a long-term planning process involving a community coalition to address prevention of problem behaviors. NTBAG currently has 21 members representing collaborative partners from multiple sectors of the community and who serve on our Community Prevention Policy Board. Independently and collectively these partners work with children, youth and families, and include: the Woodland Park RE-2 School District, Woodland Park Police Department, Teller County Sheriff's Office, Teller County Public Health, Teller County Department of Social Services, the Community Partnership Family Resource Center, Woodland Park Parks and Recreation Department, Rampart Library, Mental Health professionals, CHOICES (Teller Pregnancy Resource Center), TESSA, CASA, the faith community, the business community, community members, parents, and youth representatives.

One of the priorities for the current work of the NTBAG Coalition is to focus on mental health, including improving access to mental health resources and reducing the stigma sometimes associated with seeking mental health services. It is hoped that having a mental health directory for the community will provide better access to individuals and agencies that make referrals to community members for the resources they need. The information may be shared with the community at large.

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If you would like to be listed, please provide the following information and email the completed form to [PtakL@co.teller.co.us](mailto:PtakL@co.teller.co.us). FAX: 719-687-6501

Name / Business: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Website, if applicable: \_\_\_\_\_

Specialty areas: \_\_\_\_\_

Population served (list ages): \_\_\_\_\_

Insurances accepted, if applicable: \_\_\_\_\_